



Seniors Services Society of BC

For more information please contact:
604-520-6621 / info@sssbcc.ca

www.seniorsservicesociety.ca

CENTURY HOUSE ASSOCIATION
GO! GET! GIVE!

Where Adults 50+ meet to connect, learn and share. See the monthly Clarion

www.centuryhouseassociation.com

610 8th Street N.W.
604-519-1066 /info@chanw.ca

Counselling

Alcoholics Anonymous	604-434-3933
Drug and alcohol Counselling	604-522-3722
Bereavement Line	604-738-9950
CHA Peer support	778-882-2472
	+ 604-519-1064
Memorial Society	1-888-816-5902
Seniors Distress Line	604-872-1234
Seniors Abuse & Information	604-437-1940
Victim Link BC	1-800-563-0808

Volunteering

Century House	604-519-1066
Fraser's Community Services	604-522-3722
Queens Park Care Centre	604-520-0911
Royal Columbian Hospital	604-528-5043
Seniors Services Society	604-520-6621

General Information

BC info Line	211
Immigrant Services	604-684-2561
Seniors Services Society	604-520-6621
Seniors Abuse & Info	604-437-1940
Qmunity Queer Resources	604-684-5307
Computer Tech for Seniors	604-519-1066

Health and Wellness

CNIB (vision loss)	1-800-563-2642
NW Mental Health	604-777-6800
NW Home Health Fraser Health	1-855-412-2121
First Nations Health	604-693-6500
Urgent Care New West	604-519-3787

Medical & Dental

Can Red Cross Med Equip	604-709-6600
Health Insurance BC	1-800-663-7100
VGH Dental Clinic	604-875-4006
CDI Dental Clinic (low cost)	1-800-889-1712

New Westminster Community Resources for Seniors

Revised May 2025

Proudly Supported by



and

CENTURY HOUSE ASSOCIATION
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Emergency		Legal and Advocacy		Social Recreational		Food Program Supports	
Emergency	911	Dial-A-Law	1-800-565-5297	Century House	604-519-1066	Don't Go Hungry Program	604-836-8400
General Health Info (Health Link BC)	811	Legal Aid BC	604-601-6000	NW Public Library	604-527-4660	Better Meals	604-299-1877
Elder Abuse	604-872-1234	Lawyer Referral	604-687-3221	E-Library Help.	www.nwpl.ca	Union Gospel Mission	604-525-8989
Crisis Line of BC	604-951-8855	Legal Services Society	604-585-6595	Sapperton Community Hall	604-522-0280	The Salvation Army	604-521-2421
Suicide Prevention Crisis	1-800-784-2433	Elder Law Clinic	604-437-1940	Tamasewtx Aquatic & Cmty Ctr.	604-777-5100	Quest Food Exchange (by referral)	604-553-0636
Poison Control	604-682-5050	BC Seniors Advocate	250-952-3181	Queensborough Com Cntr.	604-525-7388	Financial	
Poison Control (Toll-free)	1-800-567-8911			NW Parks and Recreation	604-527-4567	Service Canada	1-800-622-6232
Non-Emergency		Housing		Transportation		(CPP, GIS, OAS, Disability, Survivor Allowance)	
Ambulance	604-872-5151	BC Housing	604-433-1711	Bus Pass Program	1-866-866-0800	Seniors Supplement	1-866-866-0800
Fire	604-519-1000	Residential Tenancy Branch	604-660-1020	HandyDART/ Taxi Saver	604-953-3680	Veterans Allowance	1-866-522-2122
New Westminster Police	604-525-5411	SAFER (Rent Supplement)	604-433-2218	Translink Information	604-953-3333	Personal Financial Planning	1-800-305-9886
Royal Columbian Hospital	604-520-4253	Seniors Services Society	604-520-6621	Uber Taxi for seniors	1-855-955-2316	SAFER	604-433-2218
Queens Park Care Centre	604-520-0911	Long Term Care FHA	1-855-412-2121		Ext: 68942	Rent Bank	604-526-2522
Seniors Health Line BC or 211	1-877-952-3181	Home Support FHA	1-855-412-2121			Credit Counselling	604-527-8999
Lifeline Emergency Response	604-953-4960						

			Non-Emergency Ambulance604-872-5151 Fire604-519-1000 New Westminster Police604-525-5411 Royal Columbian Hospital604-520-4253 Queens Park Care Centre604-520-0911 Seniors Health Line BC or 2111-877-952-3181 Lifeline Emergency Response604-953-4960 Housing BC Housing604-433-1711 Residential Tenancy Branch604-660-1020 SAFER (Rent Supplement)604-433-2218 Seniors Services Society604-520-6621 Long Term Care FHA1-855-412-2121 Home Support FHA1-855-412-2121