



**General Information & Referrals  
Housing Navigation and Support  
Better at Home Services  
Volunteer Opportunities**

For more information please contact:  
Seniors Services Society of BC  
750 Carnarvon Street  
New Westminster, BC  
V3M 1E7  
604-520-6621  
info@sssbcc.ca

[www.seniorsservicesociety.ca](http://www.seniorsservicesociety.ca)

**Counselling**

Alcoholics Anonymous.....604-434-3933  
Bereavement Line.....604-738-9950  
Peer Counselling.....778-882-2472  
. + 604-519-1066  
Credit Counselling.....604-527-8999  
Memorial Society.....1-888-816-5902  
Seniors Distress Line.....604-872-1234  
Victim Link BC.....1-800-563-0808

**Health Clinics**

NW Mental Health Clinic.....604-777-6800  
Purpose Clinic (by apt).....604-642-6429  
First Nations Health.....604-693-6500

**Health and Wellness**

CNIB (vision loss).....1-800-563-2642  
NW Mental Health.....604-777-6800  
NW Home Fraser Health.....1-855-412-2121  
Substance Abuse Support.....604-522-3722  
NW CRN Elder Abuse.....604-520-6621

**Other Important Numbers:**

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**New Westminster  
Community Resources  
for Seniors**

*Revised July 2022*

**Proudly Supported by**



**General Information**

BC211.....211  
Immigrant Service.....604-684-2561  
Seniors Services Society.....604-520-6621  
Qmunity Queer Resources.....604-684-5307

**Emergency**

Emergency Call.....911  
Fraser Health Crisis Line.....604-951-8855  
Suicide Prevention Crisis.....1-800-784-2433  
Poison Control.....604-682-5050  
Poison Control (Toll-free)....1-800-567-8911

**Legal and Advocacy**

Dial-A-Law.....1-800-565-5297  
Legal Aid BC.....604-408-2172  
Lawyer Referral.....604-687-3221  
Legal Services Society.....604-585-6595  
Elder Law Clinic.....604-437-1940

**Volunteering**

Century House.....604-519-1066  
Fraser Side Services.....604-522-3722  
Queens Park Care Centre.....604-520-0911  
Royal Columbian Hospital.....604-528-5043

**Non-Emergency**

Ambulance.....604-872-5151  
Fire.....604-519-1000  
Health Link BC.....811  
New Westminster Police.....604-525-5411  
Royal Columbian Hospital.....604-520-4253  
Senior Health Line BC.....1-877-952-3181

**Housing**

BC Housing.....604-433-1711  
Lookout Emerg Aid Society.....604-523-9126  
Residential Tenancy Branch....604-660-1020  
SAFER (Rent Supplement).....604-433-2218

**Social Recreational**

Century House.....604-519-1066  
NW Public Library.....604-527-4660  
E-Library Help.....www.nwpl.ca  
Sapperton Pensioners.....604-522-0280  
Queensborough Com Cntr.....604-525-7388  
NW Parks and Recreation.....604-527-4567

**Transportation**

Bus Pass Program.....1-866-866-0800  
HandyDART/ Taxi Saver.....604-953-3680  
Translink Information.....604-953-3333

**Medical**

Can Red Cross Med Equip.....604-709-6600  
Lifeline Emergency Response...604-517-8617  
MSP (Fair Pharmacare).....1-800-663-7100  
VGH Dental Clinic.....604-875-4006  
Healthlink BC.....811

**Food Program Supports**

Don't Go Hungry Program.....604-836-8400  
New West Food Bank.....604-520-6621  
New West Meals on Wheels...604-520-6621  
Union Gospel Mission.....604-525-8989  
The Salvation Army.....604-521-2421  
Quest Food Market.....604-553-0636  
Muslim Food Bank.....1-800-248-3868

**Financial**

Service Canada.....1-800-622-6232  
(CPP, GIS, OAS, Disability, Survivor Allowance)  
Senior Supplement.....1-866-866-0800  
Veterans Allowance.....1-866-522-2122  
Personal Financial Planning..1-800-305-9886  
+ www.fpssc.ca