



General Information & Referrals
Housing Navigation and Support
Better at Home Services
Volunteer Opportunities

For more information please contact:
Seniors Services Society of BC
750 Carnarvon Street
New Westminster, BC
V3M 1E7
604-520-6621
info@sssbcc.ca

www.seniorsservicesociety.ca

Counselling

Alcoholics Anonymous.....604-434-3933
Bereavement Line.....604-738-9950
Peer Counselling.....778-882-2472
. + 604-519-1066
Credit Counselling.....604-527-8999
Memorial Society.....1-888-816-5902
Seniors Distress Line.....604-872-1234
Victim Link BC.....1-800-563-0808

Health Clinics

NW Mental Health Clinic.....604-777-6800
Purpose Clinic (by apt).....604-642-6429
First Nations Health.....604-693-6500

Health and Wellness

CNIB (vision loss).....1-800-563-2642
NW Mental Health.....604-777-6800
NW Home Fraser Health.....1-855-412-2121
Substance Abuse Support.....604-522-3722
NW CRN Elder Abuse.....604-520-6621

Other Important Numbers:

**New Westminster
Community Resources
for Seniors**

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General Information

BC.....211
Immigrant Service.....604-684-2561
Seniors Services Society.....604-520-6621
Qmunity Queer Resources.....604-684-5307

Emergency

Emergency Call.....911
Fraser Health Crisis Line.....604-951-8855
Suicide Prevention Crisis.....1-800-784-2433
Poison Control.....604-682-5050
Poison Control (Toll-free)....1-800-567-8911

Legal and Advocacy

Dial-A-Law.....1-800-565-5297
Legal Aid BC.....604-408-2172
Lawyer Referral.....604-687-3221
Legal Services Society.....604-585-6595
Elder Law Clinic.....604-437-1940

Volunteering

Century House.....604-519-1066
Fraser Side Services.....604-522-3722
Queens Park Care Centre.....604-520-0911
Royal Columbian Hospital.....604-528-5043

Non-Emergency

Ambulance.....604-872-5151
Fire.....604-519-1000
Health Link BC.....811
New Westminster Police.....604-525-5411
Royal Columbian Hospital.....604-520-4253
Senior Health Line BC.....1-877-952-3181

Housing

BC Housing.....604-433-1711
Lookout Emerg Aid Society.....604-523-9126
Residential Tenancy Branch....604-660-1020
SAFER (Rent Supplement).....604-433-2218

Social Recreational

Century House.....604-519-1066
NW Public Library.....604-527-4660
E-Library Help.....www.nwpl.ca
Sapperton Pensioners.....604-522-0280
Queensborough Com Cntr.....604-525-7388
NW Parks and Recreation.....604-527-4567

Transportation

Bus Pass Program.....1-866-866-0800
HandyDART/ Taxi Saver.....604-953-3680
Translink Information.....604-953-3333

Medical

Can Red Cross Med Equip.....604-709-6600
Lifeline Emergency Response...604-517-8617
MSP (Fair Pharmacare).....1-800-663-7100
VGH Dental Clinic.....604-875-4006
Healthlink BC.....811

Food Program Supports

Don't Go Hungry Program.....604-836-8400
New West Food Bank.....604-520-6621
New West Meals on Wheels...604-520-6621
Union Gospel Mission.....604-525-8989
The Salvation Army.....604-521-2421
Quest Food Market.....604-553-0636
Muslim Food Bank.....1-800-248-3868

Financial

Service Canada.....1-800-622-6232
(CPP, GIS, OAS, Disability, Survivor Allowance)
Senior Supplement.....1-866-866-0800
Veterans Allowance.....1-866-522-2122
Personal Financial Planning..1-800-305-9886
+ www.fpssc.ca