ANNUAL REPORT

JUNE 2021



Seniors



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A WORD FROM SENIORS SERVICES SOCIETY OF BC

2020-21 has been a year like no other. COVID-19 required Seniors Services Society of BC (SSSBC) to adapt our service delivery model to meet the needs of older adults in a constantly changing social and economic reality.

Housing navigation and outreach were provided over the phone, and outreach workers adapted to ensure regular and meaningful connection with clients was maintained virtually. Support services including light housekeeping, grocery shopping, support calls, transportation to medical appointments, and meal delivery, were maintained through the dedication of volunteers, contractors, and staff.

The Seniors Housing Information and Navigation Ease (SHINE) program pivoted to providing virtual mental wellness services, including the Choose to Move virtual group exercise program.

Despite this year's challenges, we look forward to new and exciting opportunities in the year ahead, including the expansion of our SHINE program and advocacy for critical funding for integrated supports and in-person services for older adults.

COVID-19 resulted in unprecedented economic and social changes, including limits on social gatherings, restrictions on events and activities, and disruptions to supply chains. Indeed, many of the services low-income community-based older adults rely on for day-to-day life had been interrupted or significantly altered. For older adults facing housing insecurity, COVID-19 the new reality placed significant strain on their ability to maintain independence, stay physically active, and manage their mental health and wellness.

Despite these demands, the health and safety of staff and clients at SSSBC remained paramount. We were proud that SSSBC quickly and effectively engaged in a rethinking and reshaping of program and service delivery and met the challenge of the times.

we look We extend our heartfelt thanks to our portunities dedicated staff, volunteers, and board expansion members who have remained steadfast



BOARD OF DIRECTORS



Brenda Southam Interim Chair



Jeff Tisdale Member at Large



Jodi Michaels Member at Large



Philip Bonardelli Treasurer

Harjinder Dhanoya

Member at Large



Sherry Baker Secretary



Linda McGowan Member at Large



Anna Smith Member at Large



Elizabeth Philip Member at Large

We Live by: Acceptance Junior Manual States of the States

YEAR IN REVIEW HIGHLIGHTS OF 2021

- SSSBC launched a successful Virtual Santa for Seniors Campaign
- The Seniors Housing Solutions Lab, a 55 stakeholder engagement funded by CMHC, delivered two outcomes, the critical need for integrated supports and advocacy for an older adults' collaborative to work towards a seniors ministry.
- SSSBC was the Burnaby and New Westminster hub for Safe Seniors Strong Communities which was launched to assist local older adults during the Covid-19 pandemic.
- We completed the successful delivery of year one of the SHINE Program, which included forging partnerships and providing support.
- We provided staff training opportunities including Office 365, wellness support, and trauma-informed practice.
- We partnered with the Youth group at Our Lady of Mercy Youth Leaders in delivering an intergenerational Digital Literacy Program. Intergenerational engagement has been instrumental in our volunteer engagement and we have seen tremendous outcomes in meal delivery, support calls and digital literacy.

- The Community Response Network in New Westminster was launched on World Elder Abuse Day 2020.
- SSSBC becomes a member of the Aging in the Right Place (AIRP) Partnership, a national research collaborative of 70 academic, non-profit, government, and healthcare organizations in conjunction with Simon Fraser University.

"Despite the pandemic, 2020-2021 has been a year of outstanding resilience, growth and opportunity.

- SSSBC's SHINE Program is nationally featured in CMHC's "Spotlight on Housing Innovation" as an innovative housing solution for older adults.
- Douglas College chooses SSSBC as a recipient of marketing services provided by its students





Mission

To connect adults 60+ with individual supports and housing navigation services to enhance their lives

SENIORS SERVICES SOCIETY OF BC ATAGLANCE 2020-2021



1,403

OLDER ADULTS received 1:1 housing support, infomation & referral services

7,441

OLDER ADULTS assisted with housing and support programs

2,889 HOURS volunteered in the service of our mission



FOOD HAMPERS delivered to vulnerable older adults



2021

STRATEGIC PLAN 2021

To ensure that all aspects of our organization are as inclusive and diverse as the community we serve.

To increase and diversify revenue resources:

- Increase financial resources by expanding our development streams
- Engage and grow our donor base with a focus on planned giving
- Secure undesignated, private, foundation and trust funding

To expand our presence and visibility:

- Increase awareness of our programs, services and funding needs
- Collaborate with partners and communities to respond to the diverse and growing needs of seniors
- Expand our seniors housing programs and support services.
- Create a comprehensive education program for all stakeholders.

COMMITTEE REPORTS

All SSS Board Members contribute toward the work of Board Committees.

Finance Committee:

Activities are reflected in the Treasurer's Report on page 9.

Membership Committee:

- Harjinder Dhanoya
- Linda McGowan
- Brenda Southam

Over the course of the year, the committee received approximately 8 – 10 applications. They were split between committee members and each new member was called to welcome them to Society.

Conversations were always positive and members were pleased to belong to the organization. The committee also met to discuss moving forward and how to increase membership. With Covid, it was impossible to meet those goals so we look forward to working on them in the future.

Nominating Committee:

- Betty McIntosh
- Jacqui Mendes
- Brenda Southam
- Linda McGowan

Nominees who have let their name stand for election and were acclaimed are:

- Brenda Southam
- Philip Bonardelli
- Harjinder Dhanoya
- Linda McGowan
- Mercedes Wong
- Melissa Chen

Four of these people are returning to the board after their term was up and let their name stand again and 2 new members are Mercedes Wong and Melissa Chen. You will learn more about Mercedes and Melissa in the upcoming months.

SHINE BC UPDATE

Using a collaborative approach with partner organizations in New Westminster (Seniors Services Society), Vancouver (West End Seniors Network), (Nanaimo Nanaimo Family Life Association). and Kelowna (Seniors Outreach Services Society), the SHINE program has evolved over the past year to connect older adults to support services in their region to enhance their ability to achieve and maintain stable housing and to improve their overall health and wellness.

Τo address isolation and social distancing during the pandemic, the SHINE program pivoted to providing virtual mental wellness services to ensure the safety of clients and staff. Virtual digital literacy classes were implemented to teach isolated older adults basic computer skills, provide cyber safety tips, and enhance clients' ability to remain connected with their social networks. In addition. new partnerships were formed to reconfigure services to focus on virtual supports.

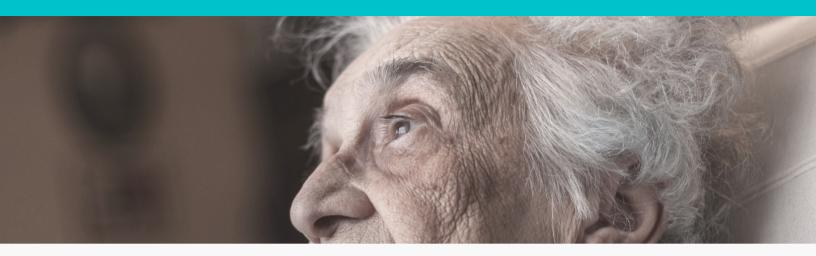
For example, SSSBC partnered with the BC Community Response Network to form a New Westminster chapter to address elder abuse and neglect. SSSBC has also partnered with the Active Aging Society to deliver the Choose to Move virtual group exercise program and Westminster House Recovery Society to support the pilot of a web-based interactive addiction recovery program for older adult women. And finally, the Navigator Training for Seniors Housing and Support Staff was offered online for the first time in Fall 2020.

RESPONSE TO COVID-19

For older adults facing housing insecurity, the new COVID-19 reality places significant strain on their ability maintain independence. to stav physically active, and on their mental health and wellness. In response, SSSBC has guickly and effectively engaged in a rethinking and reshaping of program and service delivery to meet the challenge of the times.

Throughout the pandemic, the SSSBC office remained open to ensure operations were able to continue to support vulnerable older adults in the community. following guidelines from WorkSafe BC. Housing navigation and outreach were provided over the phone, and outreach workers have adapted to maintain regular ensure we and meaningful virtual connections with clients. While outreach workers can no longer transport housing clients in personal vehicles, extensive efforts have been made to meet clients at safe neutral sites, such as outside of a coffee shop, as long as PPE is worn and safe distancing protocols are followed.

Throughout the height of the pandemic, volunteers carried out grocery shopping and meal delivery for our support services clients, and partnerships with local businesses allowed the Meals on Wheel program to continue. Light housekeeping and medical transport have been restarted with the help of contractors and private business sector partners following proper safety protocols.



HOUSING SPOTLIGHT: JOHN AND EDWARD

In June 2019, John*, age 65, was in hospital in bad shape. A series of health problems, including kidney failure, had interrupted a successful career as a chef and he was no longer able to work. Similarly, in January 2021, Edward* was living in his truck. He had worked trades his whole life, but he was not able to find a suitable living space for what he could afford. Soon after, Edward found out he had cancer.

Unfortunately, stories like John's and Edward's are becomina increasingly common in British Columbia. rental limited Skyrocketing prices, increases in fixed income. and fragmented services and supports for older adults have resulted in increased housing insecurity and homelessness among older adults across the province.

For older adults like John and Edward, our housing services offer a critical steppingstone on the pathway to housing security. Our outreach services provide one-on-one support and our one-of-a-kind Temporary Housing Program provides short-term emergency accommodation in fully furnished studio and one-bedroom apartments for older adults facing an immediate housing crisis. Our outreach workers moved John into the Temporary Housing Program and helped him apply for disability income assistance and federal pensions to secure his income.

"Our housing services offer a critical steppingstone on the pathway to housing security."

Edward was connected to an outreach worker who helped him search for housing and connect him to appropriate medical supports.

So, what does the future look like? For John and Edward, it will include stable housing that meets their health needs. In December, 2020, John moved into a permanent home in a subsidized housing building where he will be able to continue to thrive independently with appropriate income and health supports. Edward moved into a room and board home with all meals included and now has the ability to decide on a care path that is selfdetermined and is truly his choice.

For SSSBC, we envision an age-friendly future where all older adults can live with dignity in a safe, comfortable, and healthy home.

*Pseudonym used for purposes of anonymity

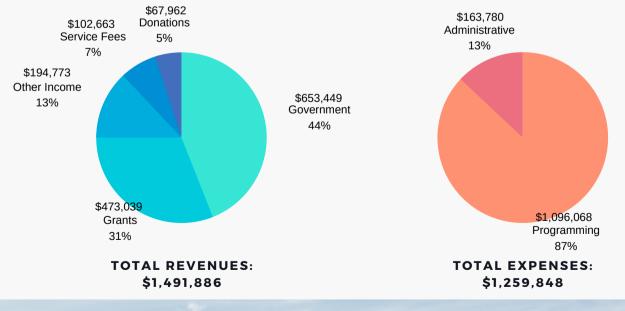
TREASURER'S REPORT

Philip Bonardelli, MA, CFA Board Treasurer Seniors Services Society of BC

2020/21 has been a challenging year in many ways. It has affected every aspect of our lives as we have had to adjust personally, financially, and socially to name a few. For older adults, more so. Senior Services Society of BC has risen to the current crisis this year by adjusting revenue sources and funding to meet the society's objectives.

Financially, this has been a solid year with these sources filling the gap. In my opinion, it has been a well-managed year, balancing revenue and expenses through both expansionary and difficult times. Early surpluses provided flexibility to balance funds and defer revenues to the 2021/22 fiscal year. Total Revenue, including Other Income, was just under \$1,492,000, an increase of \$191,000 over the previous year. Total Expenses for the fiscal year were just under \$1,260,000, some \$3,000 less than the previous fiscal year. These result in an operations surplus, i.e., Excess of Revenue over Expenses from Operations, in the current year of just over \$232,000.

Difficult times call for deep reflection and action – I believe the past year has seen this in the financial area and leaves the Society's books with a solid foundation to meet the continuing needs of our clients well into 2021/22 and beyond.



OUR GRATITUDE

\$10,000+

BC Housing Management Commission Canada Mortgage & Housing Corporation Canucks for Kids City of New Westminster City of Vancouver Fraser Health Authority Government of BC Government of Canada Health Sciences Association May & Stanley Smith Trust Foundation Province of BC United Way of the Lower Mainland Vancouver Coastal Health Authority Vancouver Foundation

\$1,000 - \$9,999

latse Local 891 Amazon Canada (New Westminster) Astoria Retirement Residence **BC Community Response Network** Sanjiv Bhalla Bria Communities **IFD** Corporation Chantal Dawes Dr. Jonathan A. Ng Inc. George Weston Ltd. Helpage Canada Ian William Hirsch Ladies Auxiliary Fraternal Order of Eagles **Richard Edward Sanford Fund** Pedro Rosales Rotary Club of New Westminster Susan Schmidt Vancity Savings Credit Union Ketan Vohora Melanie C. Walker

\$500 - \$999

Boorman Archery Ltd. Bosley's New West **Centra Cares Foundation** Jordan Fisher **ICBC Communications & Community Affairs** Marley Memorial Fund for Education Diana Martins-Garbutt Ken McIntosh Rory O'Connor Danice Park Richardson GMP Ltd. Karla Diane Scribner Elaine Shigetomi Alison Silgardo Brenda Southam Visier Solutions Inc.

\$100 - \$499

Tracy Aeichele William Graham Allen Doug Alward Susan Antoniali Sherry Baker Ken Baxter BC Government and Service Employees' Union Jane Beggs Nipa Bhalla Eden Bishop Tanya Boguski **Carol Boutin** Sue Brace Kirsten Brooker Kimberly C. Buksa Sherilyn Calder Fiona Cameron Pat Carstens Magnus Chan Amy Chang Judy W Christensen Eleanor J Clarke Sherri Crane Angela Cruz Odessa Ditson Misty Douglas Karin Christa Durrbeck Dave K. Eto Maureen Fakaro Viktoriya Fedorchuk Catherine Marie Fisher Dawn E Flanagan Judy Ann Fletcher Roger T. Fournier Fraserworks Co-Op Elaine Gent Chris Gibson Kelly Goold Ina Gory Aidan Haines Svlvia Harris Vicki Hartlev Michael Henley Gail Hirsch In Wai Ho Jessie Huang Karen Hung G Jackson Marianne Janzen Jennifer Jen Andria Jukic Kearney Funeral Services

Angela Kennedy Henry Konishi Kinga Korbus Tim Krajnc Rekhawo Krishnaswamy Debbie Lafreniere Garv Lake **Kimberley** Lam Francesca Leonzio Margaret Lesage Frank Lin Tsz Him Ivan Lo Emily Lonsdale Marjorie E Lynn Erica Malo Leah McCallum Betty McIntosh Tami McIntosh Janet McRoberts Janice Meehan William Morrison Chris Mullen Stephen Nairne Brett O'Reilly Cindy Oxenbury Natalie Parolin Lizette Peters Sara Peters **Tracey Potter** Kevin Price Vineed Ravindranath Janice Richardson Karin Roberts Valerie Ross **Royal City Farmers Market** Erin Seeley Dana Sharon Meenakshi Sodhi Vasundra Srinivasan Sonora Szoczei Kelly Teo Pascal James Thompson Jeff Tisdale Madison Vonk Graham Watson Chelsea Watt **Brittany Weiss** Diana Whellams Brandi Williams Michele Wilson Queenie Wong Vicki Yaltema Bill Zander



Government Gouvernement

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CMHC + SCHL





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