



# Social Programs Events Calendar



## September 2018

Supporting New West seniors (60+) to be involved in their community! Phone **604-789-7942** to register.

**Please call 604-789-7942 to register for SOCIAL PROGRAMS.**

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
						1
2	3 <b>WE WILL BE CLOSED LABOR DAY</b>	4 Call 604-789-7942 from 9AM-4PM to book a spot for this week <b>Dining Club</b> 6 <sup>th</sup> Street Grill (\$12+\$1 Bus Fee) p/u: 4:00 pm	5 <b>Dining Club</b> Waffle House (\$12+\$1 Bus Fee) p/u: 4:00 PM	6 <b>Seniors to the Market</b> p/u: 3:30pm	7 <b>Lunch Club</b> Cockney Kings (\$1 bus fee) p/u: 10:00 AM	8
9	10 Call 604-789-7942 from 9AM-4PM to book a spot for this week	11 <b>Quest Food Shuttle</b> p/u: 9:30 am  <b>Dining Club</b> Paddlewheeler Pub (\$1 Bus Fee) p/u: 4:00 pm	12 <b>Dining Club</b> Gino's (\$10+\$1 Bus Fee) p/u: 4:00 pm	13 <b>Seniors to the Market</b> p/u: 3:30pm	14 <b>Lunch Club</b> Angelina's (\$1 bus fee) p/u: 10:00 am	15
16	17 Call 604-789-7942 from 9AM-4PM to book a spot for this week and Sept. 28 <sup>th</sup> for the LUNCH & LEARN.	18 <b>Dining Club</b> Barcelo's- Burnaby (\$2 Bus Fee) p/u: 4:00 pm	19 <b>Shopping</b> Guildford Town Centre- Surrey (\$2 Bus Fee) p/u: 9:30 am	20	21 <b>Lunch Club</b> Castle Pub (\$1 Bus Fee) p/u: 10:00 AM	22 <b>Seniors to the Market - Burnaby</b> p/u: 9:30 am
23	24 Call 604-789-7942 from 9AM-4PM to book a spot for this week  <b>Last day to sign-up for Sept. 28th</b>	25 <b>Dining Club</b> Chan's Garden (\$1 Bus Fee) p/u: 4:00 pm	26 <b>No Frills Coquitlam</b> p/u: 9:30 am  <b>Dining Club</b> Gino's (\$10+\$1 Bus Fee) p/u: 4:00 pm	27 <b>Seniors to the Market</b> p/u: 3:30pm	28 <b>Lunch &amp; Learn</b> HELLO Game! (\$10+ \$1 Bus Fee) p/u:10:00 AM	29
30	Oct. 1 Call 604-789-7942 from 9AM-4PM to book a spot for this week	Oct. 2 <b>Dining Club</b> 6 <sup>th</sup> Street Grill (\$12+\$1 Bus Fee) p/u: 4:00 pm	Oct. 3 <b>Dining Club</b> Waffle House (\$12+\$1 Bus Fee) p/u: 4:00 PM	Oct. 4 <b>Seniors to the Market</b> p/u: 3:30pm	Oct. 5 <b>Lunch Club</b> Cockney Kings (\$1 bus fee) p/u: 10:00 AM	Oct. 6



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### September at a Glance

#### SENIORS DISTRESS LINE

If you or someone you know is enduring an emotional distress, please call **604-872-1234**. The phone lines below are available in over 140 languages using a language service. Let them know which language you or the person you are calling for requires and they will try and provide an interpreter.

**604-872-1234**

#### Dining & Lunch Club

<i>Tuesday Dining Club</i>	<i>Wednesday Dining Club</i>	<i>Friday Lunch Club</i>
September 4, <b>6<sup>th</sup> Street Grill</b>	September 5, <b>Waffle House</b>	September 7, <b>Cockney Kings</b>
September 11, <b>Paddlewheeler Pub</b>	September 12, <b>Gino's</b>	September 14, <b>Angelina's</b>
September 18, <b>Barcelo's</b>		September 21, <b>Castle Pub</b>
September 25, <b>Chan's Garden</b>	September 26, <b>Gino's</b>	September 28, <b>Lunch &amp; Learn</b>

*\*all inclusive prices (taxes, tip, and drink) are noted; otherwise ordering is off the regular priced menu.*

#### Independent Shopping

<b>Quest Food Exchange</b>	<b>Shopping – Guildford Mall</b>	<b>Grocery shopping at No Frills</b>
Tuesday, <b>September 11</b>	Wednesday, <b>September 19</b>	Wednesday, <b>September 26</b>
Fee: No Bus Fee Pick up time: 9:30 AM	Fee: \$2 Bus Fee Pick up time: 10:00 AM	Fee: No Bus Fee Pick up time: 9:30 AM

#### Free Elder Law Clinic

**Seniors First BC** (formerly BC Centre for Elder Advocacy and Support) is now offering a **FREE ELDER LAW CLINIC** at **Seniors Services Society** office on **750 Carnarvon Street** (across the New Westminster skytrain station). The clinic is offered the **1st Tuesday** of every month from **2pm to 4pm**. Please contact Seniors First BC to book an appointment with the elder law clinic at **604-688-1927(extension 258)**.

**Please read the newsletter for more details and important messages.**