



Social Programs Events Calendar



October 2018

Supporting New West seniors (60+) to be involved in their community! Phone **604-789-7942** to register.

Please call **604-789-7942** to register for **SOCIAL PROGRAMS**.

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
	1 Call 604-789-7942 from 9AM-4PM to book a spot for this week and October 9 th .	2 Dining Club 6 th Street Grill (\$12+\$1 Bus Fee) p/u: 4:00 pm	3 Dining Club Waffle House (\$12+\$1 Bus Fee) p/u: 4:00 PM	4 Seniors to the Market p/u: 3:30pm	5 Lunch Club Cockney Kings (\$1 bus fee) p/u: 10:00 AM	6
7	8  Office Closed	9 Call 604-789-7942 from 9AM-4PM to book a spot for this week Dining Club Denny's- Burnaby (\$2 Bus Fee) p/u: 4:00 pm	10 Dining Club Gino's (\$10+\$1 Bus Fee) p/u: 4:00 pm	11	12 Lunch Club Angelina's (\$1 bus fee) p/u: 9:30 am	13
14 Seniors to the Market in COQUITLAM p/u: 9:00am	15 Call 604-789-7942 from 9AM-4PM to book a spot for this week	16 Dining Club 6 th Street Grill (\$12+\$1 Bus Fee) p/u: 4:00 pm	17	18	19 Lunch Club Young's Cafe (\$1 Bus Fee) p/u: 10:00 AM	20 Seniors to the Market in VANCOUVER p/u: 9:00am
21	22 Call 604-789-7942 from 9AM-4PM to book a spot for this week	23 Quest Food Shuttle p/u: 9:30 am Dining Club ABC Restaurant (\$2 Bus Fee) p/u: 4:00 pm	24 Dining Club Castle Pub (\$1 Bus Fee) p/u: 4:00 pm	25	26 Lunch Club Starlight Casino (\$1 Bus Fee) p/u: 10:00 AM	27
28	29 Call 604-789-7942 from 9AM-4PM to book a spot for this week	30 Shopping Value Village (\$1 Bus Fee) p/u: 9:30 am Dining Club Wild Thyme (\$1 Bus Fee) p/u: 4:00 pm	31 No Frills Coquitlam p/u: 9:30 am Dining Club Gino's (\$10+\$1 Bus Fee) p/u: 4:00 pm	Nov. 1	Nov. 2 Lunch Club Cockney Kings (\$1 bus fee) p/u: 10:00 AM	Nov. 3



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October at a Glance

SENIORS DISTRESS LINE

If you or someone you know is enduring an emotional distress, please call **604-872-1234**. The phone lines below are available in over 140 languages using a language service. Let them know which language you or the person you are calling for requires and they will try and provide an interpreter.

604-872-1234

Dining & Lunch Club

<i>Tuesday Dining Club</i>	<i>Wednesday Dining Club</i>	<i>Friday Lunch Club</i>
October 2nd, 6th Street Grill	October 3 rd , Waffle House	October 5 th , Cockney Kings
October 9 th , Denny's	October 10 th , Gino's	October 12 th , Angelina's
October 16 th , 6th Street Grill		October 19 th , Young's Cafe
October 23 rd , ABC Restaurant	October 24 th , Gino's	October 26 th , Starlight Casino
October 30 th , Wild Thyme	October 31 st , Castle Pub	

**all inclusive prices (taxes, tip, and drink) are noted; otherwise ordering is off the regular priced menu.*

Independent Shopping

Quest Food Exchange	Shopping – Value Village	Grocery shopping at No Frills
Tuesday, October 23rd	Tuesday, October 30th	Wednesday, October 31st
Fee: No Bus Fee Pick up time: 9:30 AM	Fee: \$1 Bus Fee Pick up time: 10:00 AM	Fee: No Bus Fee Pick up time: 9:30 AM

Free Elder Law Clinic

Seniors First BC (formerly BC Centre for Elder Advocacy and Support) is now offering a **FREE ELDER LAW CLINIC** at **Seniors Services Society** office on **750 Carnarvon Street** (across the New Westminster skytrain station). The clinic is offered the **1st Tuesday** of every month from **2pm to 4pm**. Please contact Seniors First BC to book an appointment with the elder law clinic at **604-688-1927(extension 258)**.

Please read the newsletter for more details and important messages.