




# Social Programs Events Calendar



## November 2018

Supporting New West seniors (60+) to be involved in their community! Phone **604-789-7942** to register.

**Please call 604-789-7942 to register for SOCIAL PROGRAMS.**

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
				<b>1</b>	<b>2</b> <b>Lunch Club</b> <i>Cockney Kings</i> (\$1 Bus fee) p/u: 10:00 AM	<b>3</b>
<b>4</b>	<b>5</b> Call 604-789-7942 from 9AM-4PM to book a spot for this week.	<b>6</b> <b>Dining Club</b> <i>6<sup>th</sup> Street Grill</i> (\$12+\$1 Bus Fee) p/u: 4:00 pm	<b>7</b> <b>Dining Club</b> <i>Waffle House</i> (\$12+\$1 Bus Fee) p/u: 4:00 PM	<b>8</b> <b>Quest Food Shuttle</b> p/u: 9:30 am	<b>9</b> <b>Lunch Club</b> <i>Angelina's</i> (\$1 Bus fee) p/u: 9:30 am	<b>10</b>
<b>11</b>	<b>12</b> <b>Office Closed</b>  <b>Lest We Forget</b>	<b>13</b> Call 604-789-7942 from 9AM-4PM to book a spot for this week and for Dec 8th to the SURREY HERITAGE RAIL.  <b>Dining Club</b> <i>Paddlewheeler Pub</i> (\$1 Bus Fee) p/u: 4:00 pm	<b>14</b> <b>Dining Club</b> <i>Gino's</i> (\$10+\$1 Bus Fee) p/u: 4:00 pm  <b>Deadline for Surrey Heritage Rail</b>	<b>15</b>	<b>16</b> <b>Lunch Club</b> <i>ABC Restaurant</i> (\$2 Bus Fee) p/u: 10:00 am	<b>17</b>
<b>18</b>	<b>19</b> Call 604-789-7942 from 9AM-4PM to book a spot for this week and for DEC 15 <sup>th</sup> to the SINGING CHRISTMAS TREE.	<b>20</b> <b>Dining Club</b> <i>6<sup>th</sup> Street Grill</i> (\$12+\$1 Bus Fee) p/u: 4:00 pm	<b>21</b> <b>Shopping</b> <i>Lougheed Mall</i> (\$2 Bus Fee) p/u: 9:30 am  <b>Dining Club</b> <i>Swiss Chalet</i> (\$2 Bus Fee) p/u: 4:00 pm	<b>22</b>	<b>23</b> <b>Lunch &amp; Learn</b> <i>Christmas Card Making</i> (\$10 + \$1 Bus Fee) p/u: 10:00 AM  <b>Deadline for Singing Christmas Tree</b>	<b>24</b>
<b>25</b>	<b>26</b> Call 604-789-7942 from 9AM-4PM to book a spot for this week	<b>27</b> <b>Dining Club</b> <i>Rozzini's</i> (\$1 Bus Fee) p/u: 4:00 pm	<b>28</b> <b>No Frills Coquitlam</b> p/u: 9:30 am  <b>Dining Club</b> <i>Gino's</i> (\$10+\$1 Bus Fee) p/u: 4:00 pm	<b>29</b>	<b>30</b> <b>Lunch Club</b> <i>River's Reach Pub</i> (\$1 Bus Fee) p/u: 10:00 AM	<b>Dec. 1</b>



# Social Programs Events Calendar



## November 2018

Supporting New West seniors (60+) to be involved in their community! Phone **604-789-7942** to register.

### November at a Glance

#### SENIORS DISTRESS LINE

If you or someone you know is enduring an emotional distress, please call **604-872-1234**. The phone lines below are available in over 140 languages using a language service. Let them know which language you or the person you are calling for requires and they will try and provide an interpreter.

**604-872-1234**

#### Dining & Lunch Club

<i>Tuesday Dining Club</i>	<i>Wednesday Dining Club</i>	<i>Friday Lunch Club</i>
		November 2 <sup>nd</sup> , <b>Cockney Kings</b>
November 6 <sup>th</sup> , <b>6<sup>th</sup> Street Grill</b>	November 7 <sup>th</sup> , <b>Waffle House</b>	November 9 <sup>th</sup> , <b>Angelina's</b>
November 13 <sup>th</sup> , <b>Paddle Wheeler</b>	November 14 <sup>th</sup> , <b>Gino's</b>	November 16 <sup>th</sup> , <b>ABC Restaurant</b>
November 20 <sup>th</sup> , <b>6<sup>th</sup> Street Grill</b>	November 21 <sup>st</sup> , <b>Swiss Chalet</b>	November 23 <sup>rd</sup> , <b>Lunch &amp; Learn</b>
November 27 <sup>th</sup> , <b>Rozzini's</b>	November 28 <sup>th</sup> , <b>Gino's</b>	November 30 <sup>th</sup> , <b>River's Reach Pub</b>
<i>*all inclusive prices (taxes, tip, and drink) are noted; otherwise ordering is off the regular priced menu.</i>		

#### Independent Shopping

<b>Quest Food Exchange</b>	<b>Shopping – Lougheed Mall</b>	<b>Grocery shopping at No Frills</b>
Thursday, <b>November 8<sup>th</sup></b>	Tuesday, <b>November 21<sup>st</sup></b>	Wednesday, <b>November 28<sup>th</sup></b>
Fee: No Bus Fee Pick up time: 9:30 AM	Fee: \$2 Bus Fee Pick up time: 10:00 AM	Fee: No Bus Fee Pick up time: 9:30 AM

#### Free Elder Law Clinic

**Seniors First BC** (formerly BC Centre for Elder Advocacy and Support) is now offering a **FREE ELDER LAW CLINIC** at **Seniors Services Society** office on **750 Carnarvon Street** (across the New Westminster skytrain station). The clinic is offered the **1st Tuesday** of every month from **2pm to 4pm**. Please contact Seniors First BC to book an appointment with the elder law clinic at **604-688-1927(extension 258)**.

**Please read the newsletter for more details and important messages.**