




Social Programs Events Calendar



May 2018

Supporting New West seniors (60+) to be involved in their community! Phone **604-440-1628** to register.

Please call 604-440-1628 to for SOCIAL PROGRAMS.

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
	Call 604-440-1628 from 9AM-4PM to book a spot for this week	1 Dining Club 6 th Street Grill (\$12+\$1 Bus Fee) p/u: 4:00 pm	2 Dining Club Waffle House (\$12+\$1 Bus Fee) p/u: 4:00 PM	3	4 Lunch Club Cockney Kings (\$1 bus fee) p/u: 10:00 AM	5
6	Call 604-440-1628 from 9AM-4PM to book a spot for this week.	8 Independent Grocery-Coquitlam p/u: 9:30 am Dining Club Denny's-Burnaby (\$2 Bus Fee) p/u: 4:00 pm	9 Dining Club Gino's (\$10+\$1 Bus Fee) p/u: 4:00 pm	10	11 Lunch Club Angelina's (\$1 bus fee) p/u: 10:00 am	12
13 	Call 604-440-1628 from 9AM-4PM to book a spot for this week.	15 Dining Club Austin Fish & Chips (\$2 Bus Fee) p/u: 4:00 pm	16 Shopping Guildford Town Centre- Surrey (\$2 Bus Fee) p/u: 9:30 am Dining Club Old Spaghetti Factory (\$1 Bus Fee) p/u: 4:00 pm	17	18 Lunch Club Chan's Garden (\$1 Bus fee) p/u: 10:00 am	19
20	21 Victoria Day Office is Closed	22 Call 604-440-1628 from 9AM-4PM to book a spot for this week Dining Club Red Robin (\$2 Bus Fee) p/u: 4:00 pm	23 Dining Club Gino's (\$10+\$1 Bus Fee) p/u: 4:00 pm	24	25 Lunch Club Cora's-Burnaby (\$2 Bus fee) p/u: 10:00 am	26
27	Call 604-440-1628 from 9AM-4PM to book a spot for this week	29 Dining Club Cozmo's Caf�-Burnaby (\$2 Bus Fee) p/u: 4:00 pm	30 No Frills Coquitlam p/u: 9:30 am Dining Club Saffron Indian Cuisine- Dinner Buffet (\$2 Bus Fee) p/u: 4:00 pm		June 1 Lunch Club Cockney Kings (\$1 bus fee) p/u: 10:00 AM Intergenerational Day	June 2



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May at a Glance

SENIORS DISTRESS LINE

If you or someone you know is enduring an emotional distress, please call **604-872-1234**. The phone lines below are available in over 140 languages using a language service. Let them know which language you or the person you are calling for requires and they will try and provide an interpreter.

604-872-1234

Dining & Lunch Club

<i>Tuesday Dining Club</i>	<i>Wednesday Dining Club</i>	<i>Friday Lunch Club</i>
May 1, 6th Street Grill	May 2, Waffle House	May 4, Cockney Kings
May 8, Denny's	May 9, Gino's	May 11, Angelina's
May 15, Red Robin	May 16, Old Spaghetti Factory	May 18, Chan's Garden
May 22, Austin Fish & Chips	May 23, Gino's	May 25, Cora's
May 29, Cozmo's Cafe	May 30, Saffron Indian Cuisine	

**all inclusive prices (taxes, tip, and drink) are noted; otherwise ordering is off the regular priced menu.*

Independent Shopping

Shopping- Guildford Town Centre	Grocery Shopping in No Frills	Independent Grocery
Wednesday, May 16	Wednesday, May 30	Tuesday, May 8
Fee: \$2.00 Bus Fee Pick up time: 10:00 AM	Fee: No Bus Fee Pick up time: 9:30 AM	Fee: No Bus Fee Pick up time: 9:30 AM

Free Elder Law Clinic

Seniors First BC (formerly BC Centre for Elder Advocacy and Support) is now offering a **FREE ELDER LAW CLINIC** at **Seniors Services Society** office on **750 Carnarvon Street** (across the New Westminster skytrain station). The clinic is offered the **1st Tuesday** of every month from **2pm to 4pm**. Please contact Seniors First BC to book an appointment with the elder law clinic at **604-688-1927(extension 258)**.

Please read the newsletter for more details and important messages.