





# Social Programs Events Calendar



## March 2019

Supporting New West seniors (60+) to be involved in their community! Phone **604-789-7942** to register.

### March at a Glance

#### SENIORS DISTRESS LINE

If you or someone you know is enduring an emotional distress, please call **604-872-1234**. The phone lines below are available in over 140 languages using a language service. Let them know which language you or the person you are calling for requires and they will try and provide an interpreter.

**604-872-1234**

#### Dining & Lunch Club

<i>Tuesday Lunch Club</i>	<i>Wednesday Dining Club</i>	<i>Friday Lunch Club</i>
		March 1st <b>Cockney Kings</b>
March 5 <sup>th</sup> <b>Rozzini's</b>	March 6 <sup>th</sup> <b>Waffle House</b>	March 8 <sup>th</sup> <b>Angelina's</b>
	March 13 <sup>th</sup> <b>Gino's</b>	March 15 <sup>th</sup> <b>River's Reach Pub</b>
March 19 <sup>th</sup> <b>Austin Fish House</b>	March 20 <sup>th</sup> <b>Castle Pub</b>	
March 26 <sup>th</sup> <b>Browns Social House</b>		March 29 <sup>th</sup> <b>6<sup>th</sup> Street Grill</b>
<i>*all inclusive prices (taxes, tip, and drink) are noted; otherwise ordering is off the regular priced menu.</i>		

#### Independent Shopping

<b>Shopping @ Brentwood Mall</b>	<b>Grocery Shopping in No Frills</b>	<b>Quest Food Exchange</b>
Friday, <b>March 22<sup>nd</sup></b>	Wednesday, <b>March 27<sup>th</sup></b>	Tuesday, <b>March 12<sup>th</sup></b>
Fee: \$2.00 Bus Fee Pick up time: 10:30 AM	Fee: No Bus Fee Pick up time: 10:30 AM	Fee: No Bus Fee Pick up time: 10:30 AM

#### Free Elder Law Clinic

**Seniors First BC** (formerly BC Centre for Elder Advocacy and Support) is now offering a **FREE ELDER LAW CLINIC** at **Seniors Services Society** office on **750 Carnarvon Street** (across the New Westminster skytrain station). The clinic is offered the **1st Tuesday** of every month from **2pm to 4pm**. Please contact Seniors First BC to book an appointment with the elder law clinic at **604-688-1927(extension 258)**.

**Please read the newsletter for more details and important messages.**