




Social Programs Events Calendar



July 2018

Supporting New West seniors (60+) to be involved in their community! Phone **604-440-1628** to register.

Please call 604-440-1628 to register for SOCIAL PROGRAMS.

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
1 	2 Office is Closed	3 Call 604-440-1628 from 9AM-4PM to book a spot for this week Dining Club <i>6th Street Grill</i> <i>(\$12+\$1 Bus Fee)</i> <i>p/u: 4:00 pm</i>	4 Dining Club <i>Waffle House</i> <i>(\$12+\$1 Bus Fee)</i> <i>p/u: 4:00 PM</i>	5 Seniors to the Market <i>p/u: 3:30pm</i>	6 Lunch Club <i>Cockney Kings</i> <i>(\$1 bus fee)</i> <i>p/u: 10:00 AM</i>	7
8	9 Call 604-440-1628 from 9AM-4PM to book a spot for this week and July 24th	10 Quest Food Shuttle <i>p/u: 9:30 am</i> Dining Club <i>Denny's (Burnaby)</i> <i>(\$2 Bus Fee)</i> <i>p/u: 4:00 pm</i>	11 Dining Club <i>Gino's</i> <i>(\$10+\$1 Bus Fee)</i> <i>p/u: 4:00 pm</i>	12 Seniors to the Market <i>p/u: 3:30pm</i>	13 Lunch Club <i>Angelina's</i> <i>(\$1 bus fee)</i> <i>p/u: 10:00 am</i> Deadline for July 24th	14
15	16 Call 604-440-1628 from 9AM-4PM to book a spot for this week	17 Shopping <i>Talize- Delta</i> <i>(\$2 Bus Fee)</i> <i>p/u: 9:30 am</i> Dining Club <i>Ricky's Café- Burnaby</i> <i>(\$2 Bus Fee)</i> <i>p/u: 4:00 pm</i>	18 Out & About <i>Burnaby Heights</i> <i>Bring your lunch picnic</i> <i>p/u: 10:00 am</i>	19 Seniors to the Market <i>p/u: 3:30pm</i>	20 Lunch Club <i>Castle Pub</i> <i>(\$1 Bus fee)</i> <i>p/u: 10:00 am</i>	21
22	23 Call 604-440-1628 from 9AM-4PM to book a spot for this week	24 Out & About <i>Honeybee Centre</i> <i>(\$6+\$2 Bus Fee)</i> <i>p/u: 11 AM</i>	25 No Frills Coquitlam <i>p/u: 9:30 am</i> Dining Club <i>Gino's</i> <i>(\$10+\$1 Bus Fee)</i> <i>p/u: 4:00 pm</i>	26	27 Lunch Club <i>Young's Café on 12th Street</i> <i>(\$2 bus fee)</i> <i>p/u: 10:00 am</i>	28 Seniors to the Market- BURNABY <i>p/u: 9:00 am</i>
29	30 Call 604-440-1628 from 9AM-4PM to book a spot for this week	31 Dining Club <i>Red Robin-Burnaby</i> <i>(\$2 Bus Fee)</i> <i>p/u: 4:00 pm</i>	Aug. 1 Dining Club <i>Waffle House</i> <i>(\$12+\$1 Bus Fee)</i> <i>p/u: 4:00 PM</i>	Aug. 2 Seniors to the Market <i>p/u: 3:30pm</i>	Aug. 3 Lunch Club <i>Cockney Kings</i> <i>(\$1 bus fee)</i> <i>p/u: 10:00 AM</i>	Aug. 4



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July at a Glance

SENIORS DISTRESS LINE

If you or someone you know is enduring an emotional distress, please call **604-872-1234**. The phone lines below are available in over 140 languages using a language service. Let them know which language you or the person you are calling for requires and they will try and provide an interpreter.

604-872-1234

Dining & Lunch Club

<i>Tuesday Dining Club</i>	<i>Wednesday Dining Club</i>	<i>Friday Lunch Club</i>
July 3, 6th Street Grill	July 4, Waffle House	July 6, Cockney Kings
July 10, Denny's	July 11, Gino's	July 13, Angelina's
July 17, Ricky's Café	July 25, Gino's	July 20, Castle Pub
July 31, Red Robin	August 1, Waffle House	July 27, Young's Café on 12th St.
<i>*all inclusive prices (taxes, tip, and drink) are noted; otherwise ordering is off the regular priced menu.</i>		

Independent Shopping

Quest Food Shuttle	Shopping - Talize	Grocery shopping at No Frills
Tuesday, July 10	Tuesday, July 17	Wednesday, July 25
Fee: No Bus Fee Pick up time: 9:30 AM	Fee: \$2 Bus Fee Pick up time: 9:30 AM	Fee: No Bus Fee Pick up time: 9:30 AM

Free Elder Law Clinic

Seniors First BC (formerly BC Centre for Elder Advocacy and Support) is now offering a **FREE ELDER LAW CLINIC** at **Seniors Services Society** office on **750 Carnarvon Street** (across the New Westminster skytrain station). The clinic is offered the **1st Tuesday** of every month from **2pm to 4pm**. Please contact Seniors First BC to book an appointment with the elder law clinic at **604-688-1927(extension 258)**.

Please read the newsletter for more details and important messages.