



Social Programs Events Calendar

February 2019



Supporting New West seniors (60+) to be involved in their community! Phone **604-789-7942** to register.

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
					1 Lunch Club <i>Cockney Kings</i> (\$1 Bus fee) p/u: 10:00 am	2
3	4 Call 604-789-7942 from 9AM-4PM to book a spot for this week.	5 Dining Club <i>6th Street Grill</i> (\$12+\$1 Bus Fee) p/u: 4:00 pm	6 Dining Club <i>Waffle House</i> (\$12+\$1 Bus Fee) p/u: 4:00 pm	7	8 Lunch Club <i>Angelina's</i> (\$1 Bus fee) p/u: 9:30 am	9
10	11 Call 604-789-7942 from 9AM-4PM to book a spot for this week.	12 Dining Club <i>Denny's Burnaby</i> (\$2 Bus Fee) p/u: 4:00 pm	13 Dining Club <i>Gino's</i> (\$12+\$1 Bus Fee) p/u: 4:00 pm	 Valentine's Day	15 No Frills Coquitlam p/u: 10:00 am	16
17	 Office Is Closed	19 Call 604-789-7942 from 9AM-4PM to book a spot for this week.	20 Dining Club <i>Union Jack</i> (\$1 Bus Fee) p/u: 4:00 pm	21	22 Lunch Club <i>Old Spaghetti Factory</i> (\$1 Bus fee) p/u: 10:00 am	23
24	25 Call 604-789-7942 from 9AM-4PM to book a spot for this week.	26 Dining Club <i>X-Site Grill & Bistro</i> (\$2 Bus Fee) p/u: 4:00 pm	27	28	March 1 Lunch Club <i>Cockney Kings</i> (\$1 Bus fee) p/u: 10:00 am	March 2



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February at a Glance

SENIORS DISTRESS LINE

If you or someone you know is enduring an emotional distress, please call **604-872-1234**. The phone lines below are available in over 140 languages using a language service. Let them know which language you or the person you are calling for requires and they will try and provide an interpreter.

604-872-1234

Dining & Lunch Club

<i>Tuesday Dining Club</i>	<i>Wednesday Dining Club</i>	<i>Friday Lunch Club</i>
		February 1 st Cockney Kings
February 5 th 6th Street Grill	February 6 th Waffle House	February 8 th Angelina's
February 12 th Denny's	February 13 th Gino's	
	February 20 th Union Jack	February 22 nd Old Spaghetti Factory
February 26 th X-Site Grill & Bistro		
<i>*all inclusive prices (taxes, tip, and drink) are noted; otherwise ordering is off the regular priced menu.</i>		

Independent Shopping

Shopping	Grocery Shopping in No Frills	Quest Food Exchange
Cancelled for February	Friday, February 15 th	Cancelled for February
Fee: \$2.00 Bus Fee Pick up time:	Fee: No Bus Fee Pick up time: 10:00 AM	Fee: No Bus Fee Pick up time:

Free Elder Law Clinic

Seniors First BC (formerly BC Centre for Elder Advocacy and Support) is now offering a **FREE ELDER LAW CLINIC** at **Seniors Services Society** office on **750 Carnarvon Street** (across the New Westminster skytrain station). The clinic is offered the **1st Tuesday** of every month from **2pm to 4pm**. Please contact Seniors First BC to book an appointment with the elder law clinic at **604-688-1927(extension 258)**.

Please read the newsletter for more details and important messages.