



# Social Programs Events Calendar



## December 2018

Supporting New West seniors (60+) to be involved in their community! Phone **604-789-7942** to register.

**Please call 604-789-7942 to register for SOCIAL PROGRAMS.**

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
						1
2	3 Call 604-789-7942 from 9AM-4PM to book a spot for this week and Lougheed Mall on December 10 <sup>th</sup> .	4 <b>Dining Club</b> 6 <sup>th</sup> Street Grill (\$12+\$1 Bus Fee) p/u: 4:00 pm	5 <b>Dining Club</b> Gino's (\$10+\$1 Bus Fee) p/u: 4:30 pm	6	7 <b>Lunch Club</b> Cockney Kings (\$1 bus fee) p/u: 10:00 am	8
9	10 Call 604-789-7942 from 9AM-4PM to book a spot for this week and No Frill on December 17 <sup>th</sup> . <b>Shopping</b> Lougheed Mall (\$2 Bus Fee) p/u: 9:30 am	11 <b>Dining Club</b> Spring Garden (\$1 Bus Fee) p/u: 4:00 pm	12 <b>Dining Club</b> Waffle House (\$12+\$1 Bus Fee) p/u: 4:30 pm	13	14 <b>Lunch Club</b> Angelina's (\$1 bus fee) p/u: 9:30 am	15 <b>Out &amp; About:</b> Singing Christmas Tree (\$2 Bus Fee) p/u: 11:30 am <b>BUS-FULL</b>
16	17 Call 604-789-7942 from 9AM-4PM to book a spot for this week <b>No Frills</b> Coquitlam p/u: 9:30 am	18 <b>Dining Club</b> Austin Fish House (\$2 Bus Fee) p/u: 4:00 pm	19 <b>Dining Club</b> Gino's (\$10+\$1 Bus Fee) p/u: 4:30 pm	20	21 <b>Lunch Club</b> River's Reach Pub (\$1 Bus Fee) p/u: 10:00 am	22
23	24	25	26	27	28	29
30	31	Jan. 1	Jan. 2 Call 604-789-7942 from 9AM-4PM to book a spot for this week <b>Dining Club</b> Gino's (\$10+\$1 Bus Fee) p/u: 4:30 pm	Jan. 3	Jan. 4 <b>Lunch Club</b> Cockney Kings (\$1 bus fee) p/u: 10:00 am	Jan. 5



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### December at a Glance

#### SENIORS DISTRESS LINE

If you or someone you know is enduring an emotional distress, please call **604-872-1234**. The phone lines below are available in over 140 languages using a language service. Let them know which language you or the person you are calling for requires and they will try and provide an interpreter.

**604-872-1234**

#### Dining & Lunch Club

<i>Tuesday Dining Club</i>	<i>Wednesday Dining Club</i>	<i>Friday Lunch Club</i>
December 4 <sup>th</sup> , <b>6<sup>th</sup> Street Grill</b>	December 5 <sup>th</sup> , <b>Gino's</b>	December 7 <sup>th</sup> , <b>Cockney Kings</b>
December 11 <sup>th</sup> , <b>Spring Garden</b>	December 12 <sup>th</sup> , <b>Waffle House</b>	December 14 <sup>th</sup> , <b>Angelina's</b>
December 18 <sup>th</sup> , <b>Austin Fish House</b>	December 19 <sup>th</sup> , <b>Gino's</b>	December 21 <sup>st</sup> , <b>River's Reach Pub</b>
<i>*all inclusive prices (taxes, tip, and drink) are noted; otherwise ordering is off the regular priced menu.</i>		

#### Independent Shopping

	<b>Shopping – Lougheed Mall</b>	<b>Grocery shopping at No Frills</b>
	Monday, <b>December 10<sup>th</sup></b>	Monday, <b>December 17<sup>th</sup></b>
	Fee: \$2 Bus Fee Pick up time: 10:00 AM	Fee: No Bus Fee Pick up time: 9:30 AM

#### Free Elder Law Clinic

**Seniors First BC** (formerly BC Centre for Elder Advocacy and Support) is now offering a **FREE ELDER LAW CLINIC** at **Seniors Services Society** office on **750 Carnarvon Street** (across the New Westminster skytrain station). The clinic is offered the **1st Tuesday** of every month from **2pm to 4pm**. Please contact Seniors First BC to book an appointment with the elder law clinic at **604-688-1927(extension 258)**.

**Please read the newsletter for more details and important messages.**