




Social Programs Events Calendar



December 2017

Supporting New West seniors (60+) to be involved in their community! Phone **604-789-7942** to register.

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
					1 Lunch Club <i>Cockney Kings</i> (\$1 bus fee) p/u: 10:00 am World AIDS Day	2
3	4 Call 604-789-7942 from 9AM-4PM to book a spot for this week and Out & About on Dec. 10.	5 Dining Club <i>6th Street Grill</i> (\$12+\$1 Bus Fee) p/u: 4:00 pm	6 Shopping <i>Lougheed Mall</i> (\$2 Bus Fee) p/u: 10:00 am Dining Club <i>Gino's</i> (\$10+\$1 Bus Fee) p/u: 4:00 pm	7 Osteofit (\$1 Bus Fee) p/u: 12:00 pm	8 Lunch Club <i>Angelina's</i> (\$1 bus fee) p/u: 10:00 am	9
10 Out & About: Hometown Christmas - Maple Ridge (\$2 Bus Fee) p/u: 12:30 pm FREE TICKET *	11 Call 604-789-7942 from 9AM-4PM to book a spot for this week	12 Quest Food Shuttle p/u: 9:30 am Staff Christmas Party No Dining Club	13 Dining Club <i>Gino's</i> (\$10+\$1 Bus Fee) p/u: 4:00 pm	14 Out & About: <i>JJ's Restaurant</i> p/u: 10:00 am (\$2 Bus Fee) Osteofit 1:30pm-2:30pm NO SSS BUS	15 Lunch Club <i>Swiss Chalet</i> (\$2 bus fee) p/u: 10:00 am	16 Out & About: Singing Christmas Tree- Vancouver (\$2 Bus Fee) p/u: 11:30 am FREE TICKET *
17	18 Call 604-789-7942 from 9AM-4PM to book a spot for this week	19 Dining Club <i>6th Street Grill + Light Tour</i> (\$12+\$1 Bus Fee) p/u: 4:00 pm	20 No Frills Coquitlam p/u: 9:30 am Dining Club <i>Waffle House</i> (\$12+\$1 Bus Fee) p/u: 4:00 pm	21 Osteofit (\$1 Bus Fee) p/u: 12:00 pm	22 Lunch Club <i>Castle Pub</i> (\$1 bus fee) p/u: 10:00 am	23
HOLIDAY- OFFICE CLOSED FROM DECEMBER 23 TO JANUARY 1						
31	Jan. 1 	Jan. 2 Call 604-789-7942 from 9AM-4PM to book a spot for this week Dining Club <i>6th Street Grill</i> (\$12+\$1 Bus Fee) p/u: 4:00 pm	Jan. 3 Dining Club <i>Waffle House</i> (\$12+\$1 Bus Fee) p/u: 4:00 PM	Jan. 4 Osteofit (\$1 Bus Fee) p/u: 12:00 pm	Jan. 5 Lunch Club <i>Cockney Kings</i> (\$1 bus fee) p/u: 10:00 AM	Jan. 6

***Please read the newsletter for more info.**



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December at a Glance

SENIORS DISTRESS LINE

If you or someone you know is enduring an emotional distress, please call **604-872-1234**. The phone lines below are available in over 140 languages using a language service. Let them know which language you or the person you are calling for requires and they will try and provide an interpreter.

604-872-1234

Dining & Lunch Club

<i>Tuesday Dining Club</i>	<i>Wednesday Dining Club</i>	<i>Friday Lunch Club</i>
		December 1 Cockney Kings
December 5 6th Street Grill	December 6 Gino's	December 8 Angelina's
No Dining Club	December 13 Gino's	December 15 Swiss Chalet
December 19 6th Street Grill	December 20 Waffle House	December 22 Castle Pub
<i>*all inclusive prices (taxes, tip, and drink) are noted; otherwise ordering is off the regular priced menu.</i>		

Independent Shopping

Shopping Lougheed Mall	Grocery Shopping in No Frills	Quest Food Exchange
Wednesday, December 6	Wednesday, December 20	Tuesday, December 12
Fee: \$2.00 Bus Fee Pick up time: 10:00 AM	Fee: No Bus Fee Pick up time: 9:30 AM	Fee: No Bus Fee Pick up time: 9:30 AM

Free Elder Law Clinic

Seniors First BC (formerly BC Centre for Elder Advocacy and Support) is now offering a **FREE ELDER LAW CLINIC** at **Seniors Services Society** office on **750 Carnarvon Street** (across the New Westminster skytrain station). The clinic is offered the **1st Tuesday** of every month from **2pm to 4pm**. Please contact Seniors First BC to book an appointment with the elder law clinic at **604-688-1927(extension 258)**.

Please read the newsletter for more details and important messages.