

## Important Numbers

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**For more information,  
please contact:**

**Seniors Services Society**  
750 Carnarvon Street  
New Westminster, BC  
V3M 1E7

**604-520-6621**

View our full directory online  
[www.seniorsservicesociety.ca](http://www.seniorsservicesociety.ca)

## Legal... continued

Legal Aid ..... 604-585-6595  
Personal Planning..... 604-408-7414  
Seniors Advocacy..... 604-437-1940

## Medical

Medical Equipment Loan.. 604-709-6600  
Lifeline Emergency  
Response..... 604-517-8617  
MSP (Fair Pharmacare)...1-800-663-7100  
UBC Dental Clinic.....604-822-2112  
VGH Dental Clinic.....604-875-4006

## Social/Recreational

Canada Games Pool..... 604-526-4281  
Century House.....604-519-1066  
Sapperton Pensioners..... 604-522-0280  
NW Public Library.....604-527-4660  
Mobile Library ..... 604-527-4650

## Social/Recreational...continued

Seniors Social Programs..... 604-520-6621  
Queensborough Social Club 604-524-6977

## Transportation

Bus Pass Program.....1-866-866-0800  
HandyDART ..... 778-452-2860  
Medical Transportation..... 604-520-6621  
Taxi Saver ..... 604-575-6600  
Translink Information..... 604-953-3333

## Volunteering

Century House.....604-519-1066  
Fraserside Community  
Services ..... 604-522-3722  
Queen Park Care Centre ..... 604-517-8696  
Royal Columbia Hospital ...604-528-5043  
Seniors Services Society ..... 604-520-6621



## New Westminster Community Resource Card for Seniors

Last revised November 2012

Supported by:



**Emergency**

Ambulance/Fire/Police ..... 911  
 Fraser Health ..... 604-951-8855  
 Seniors Distress Line..... 604-872-1234  
 Suicide Prevention Crisis ...604-530-5385  
 Poison Control..... 604-682-5050

**Non-Emergency**

Ambulance..... 604-872-5151  
 Fire..... 604-519-1000  
 Health Link BC ..... 811  
 Police..... 604-525-5411  
 Royal Columbian Hospital .604-520-4253  
 Seniors Health Line .....1-800-465-4911

**General Information**

BC 211..... 211  
 Immigrant Services .....604-522-5902

**General Information ... continued**

Seniors Services Society .... 604-520-6621

**Counselling**

Alcoholics Anonymous .....604-434-3933  
 Bereavement Line.....604-738-9950  
 Housing Counselling ..... 604-520-6621  
 Seniors Peer Counselling.....604-519-1066  
 Credit Counselling .....604-527-8999  
 Crossroads Hospice Society 604-813-8701  
 Memorial Society ..... 1-888-816-5902  
 Palliative Care.....604-777-6794

**Financial**

SAFER..... 604-433-2218  
 (Senior Rent Supplement)  
 Service Canada..... 1-800-277-9914  
 (CPP, GIS, OAS, Disability, Survivor)

**Financial...continued**

Seniors Supplement..... 604-660-2421  
 Veterans Allowance ..... 1-866-522-2122

**Food & Shopping**

New West Food Bank ..... 604-876-3601  
 New West Meals on Wheels 604-520-6621  
 The Salvation Army ..... 604-521-2421  
 Grocery Shopping &  
 Delivery..... 604-523-2581

**Health Clinics**

Care Point Clinic.....604-523-1166  
 Columbia Walk-In ..... 604-522-7363  
 ForeMed Clinic .....604-522-2206  
 Public Clinic..... 604-777-6740  
 10th Street MediCenter .....604-526-3308

**Health and Wellness**

Bathing Program ..... 604-520-0911  
 CNIB (vision loss .....1-800-563-2642  
 Elder Abuse Info ..... 604-437-1940  
 NW Mental Health .....604-777-6800  
 NW Home Health..... 604-777-6700  
 Substance Abuse Support .. 604-662-7927

**Housing**

BC Housing..... 604-433-2218  
 Lookout Society ..... 604-523-9126  
 Residential Tenancy Branch604-660-1020  
 Temporary Housing ..... 604-520-6621

**Legal**

Dial-A-Law.... ..... 604-687-4680  
 Free Lawyer Clinic .....604-878-7400  
 Lawyer Referral ..... 604-687-3221