




# Social Programs Events Calendar



## August 2018

Supporting New West seniors (60+) to be involved in their community! Phone **604-440-1628** to register.

**Please call 604-440-1628 to register for SOCIAL PROGRAMS.**

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
	<p>Call 604-440-1628 from 9AM-4PM to book a spot for this week</p>		<p><b>1</b> Dining Club Waffle House (\$12+\$1 Bus Fee) p/u: 4:00 PM</p>	<p><b>2</b> Seniors to the Market p/u: 3:30pm</p>	<p><b>3</b> Lunch Club Cockney Kings (\$1 bus fee) p/u: 10:00 AM</p>	<b>4</b>
<b>5</b>	<p><b>6</b></p> 	<p><b>7</b> Call 604-440-1628 from 9AM-4PM to book a spot for this week Dining Club 6<sup>th</sup> Street Grill (\$12+\$1 Bus Fee) p/u: 4:00 pm</p>	<p><b>8</b> Dining Club Gino's (\$10+\$1 Bus Fee) p/u: 4:00 pm</p>	<p><b>9</b> Seniors to the Market p/u: 3:30pm</p>	<p><b>10</b> Lunch Club Angelina's (\$1 bus fee) p/u: 10:00 am</p>	<b>11</b>
<b>12</b>	<p><b>13</b> Call 604-440-1628 from 9AM-4PM to book a spot for this week</p>	<p><b>14</b> Dining Club Austin Fish House (\$2 Bus Fee) p/u: 4:00 pm</p>	<p><b>15</b> Shopping The Shops at Morgan Crossing (\$2 Bus Fee) p/u: 10:00 am</p> <p>Bring a snack</p>	<p><b>16</b> Seniors to the Market p/u: 3:30pm</p>	<p><b>17</b> Lunch Club River's Reach Pub (\$1 Bus Fee) p/u: 10:00 am</p>	<b>18</b>
<b>19</b>	<p><b>20</b> Call 604-440-1628 from 9AM-4PM to book a spot for this week</p>	<p><b>21</b> Independent Grocer Coquitlam p/u: 9:30 am</p> <p>Dining Club ABC Restaurant-Coquitlam (\$2 Bus Fee) p/u: 4:00 pm</p>	<p><b>22</b> Dining Club Gino's (\$10+\$1 Bus Fee) p/u: 4:00 pm</p>	<b>23</b>	<p><b>24</b> Lunch Club Cozmo's Café-Burnaby (\$2 Bus Fee) p/u: 10:00 am</p>	<p><b>25</b> Seniors to the Market- Trout Lake Vancouver p/u: 8:30 am</p>
<b>26</b>	<p><b>27</b> Call 604-440-1628 from 9AM-4PM to book a spot for this week</p>	<p><b>28</b> Dining Club Swiss Chalet (\$2 Bus Fee) p/u: 4:00 pm</p>	<p><b>29</b> No Frills Coquitlam p/u: 9:30 am</p> <p>Dining Club Castle Pub (\$1 Bus Fee) p/u: 4:00 PM</p>	<p><b>30</b> Seniors to the Market p/u: 3:30pm</p>	<p><b>31</b> Lunch Club Chan's Garden (\$1 Bus Fee) p/u: 10:00 am</p>	<b>Sept. 1</b>



# Social Programs Events Calendar



## August 2018

Supporting New West seniors (60+) to be involved in their community! Phone **604-440-1628** to register.

### August at a Glance

#### SENIORS DISTRESS LINE

If you or someone you know is enduring an emotional distress, please call **604-872-1234**. The phone lines below are available in over 140 languages using a language service. Let them know which language you or the person you are calling for requires and they will try and provide an interpreter.

**604-872-1234**

#### Dining & Lunch Club

<i>Tuesday Dining Club</i>	<i>Wednesday Dining Club</i>	<i>Friday Lunch Club</i>
August 7, <b>6<sup>th</sup> Street Grill</b>	August 1, <b>Waffle House</b>	August 3, <b>Cockney Kings</b>
August 14, <b>Austin Fish House</b>	August 8, <b>Gino's</b>	August 10, <b>Angelina's</b>
August 21, <b>ABC Restaurant</b>	August 22, <b>Gino's</b>	August 17, <b>River's Reach Pub</b>
August 28, <b>Swiss Chalet</b>	August 29, <b>Castle Pub</b>	August 24, <b>Cozmo's Café</b>
		August 31, <b>Chan's Garden</b>
<i>*all inclusive prices (taxes, tip, and drink) are noted; otherwise ordering is off the regular priced menu.</i>		

#### Independent Shopping

<b>Independent Grocer Coquitlam</b>	<b>Shopping – The Shops at Morgan Crossing</b>	<b>Grocery shopping at No Frills</b>
Tuesday, <b>August 21</b>	Wednesday, <b>August 15</b>	Wednesday, <b>August 29</b>
Fee: No Bus Fee Pick up time: 9:30 AM	Fee: \$2 Bus Fee Pick up time: 10:00 AM	Fee: No Bus Fee Pick up time: 9:30 AM

#### Free Elder Law Clinic

**Seniors First BC** (formerly BC Centre for Elder Advocacy and Support) is now offering a **FREE ELDER LAW CLINIC** at **Seniors Services Society** office on **750 Carnarvon Street** (across the New Westminster skytrain station). The clinic is offered the **1st Tuesday** of every month from **2pm to 4pm**. Please contact Seniors First BC to book an appointment with the elder law clinic at **604-688-1927(extension 258)**.

**Please read the newsletter for more details and important messages.**